

City of San Diego Park and Recreation Department

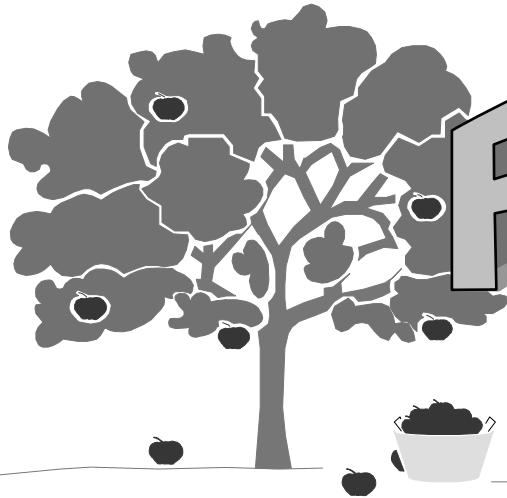
Rancho Bernardo Glassman Recreation Center

18448 West Bernardo Drive, San Diego, CA, 92127

858-538-8129

www.sandiego.gov

"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"



FALL 2007

HOURS OF OPERATION

Monday / Wednesday	12:00 pm – 6:45 pm
Tuesday / Thursday	12:00 pm – 7:45 pm
Friday	1:00pm - 5:45 pm
Saturday	9:00am – 1:45 pm

**Hours are subject to change without notice **

REGISTRATION INFORMATION

Registration for programs are taken on first come, first serves basis. **Registration for classes begins Sept. 19, 2007@ noon.** Payment by check, or EXACT change cash payments must be made at the time of registration. Please make checks payable to RBRC. There is a \$35 service charge for all RETURNED CHECKS. No refund for classes missed. Registration & refund requests are not accepted after the second class meeting. No Pro-Rating classes if registered after the start of the session. Low-income discount available; *tax return is needed at the time of registration for discount.* Winter Registration starts Dec. 12, 2006.

RECREATION COUNCIL

Rancho Bernardo Glassman Recreation Center is a public facility operated by the City of San Diego and the Rancho Bernardo Recreation Council. The Recreation Center was renamed and dedicated to Stuart Glassman. Mr. Glassman was a charter member of the RBRC for many years. The council meets the first Wednesday of the month at 7:00pm.



- Sept. 5, 2007
- Oct. 3, 2007
- Nov. 7, 2007
- Dec. 5, 2007

HOLIDAY CLOSURES

Labor Day

September 3



THANKSGIVING

November 22

VETERANS DAY

November 12



December 25

OUR VALUED STAFF

Bruce Martinez	Area Manager II
Helen Phillips	Center Director III
Joel Salgado	Grounds Maintenance II
Alana Lopez	Recreation Leader I
Brenda Thinnes	Recreation Leader I
Neda Keshmiri	Recreation Leader I
Peggy Tang	Recreation Leader I

RECYCLING BIN

RBRC has a community-recycling bin located next to the outdoor basketball courts. We have a new Co-Mingle container which is for all your glass, plastic and metal recyclables. Please recycle newspaper, plastic, glass, and aluminum items. **PLEASE DO NOT OVERFLOW.** Please Breakdown Cardboard. **All proceeds go to the RBRC programs. Thank you for your support.**

Youth Activities

SAN DIEGO PARK AND RECREATION DEPARTMENT DANCE CLASSES

The City of San Diego Dance Department conducts this popular and fun dance program. Dance for Life...Dance for Health...Dance for Joy! Classes consist of tap, jazz and ballet.

Ages: 4 - Adult

Pre Registration: Sept 17-22, 2007

Session: September 24 – December 22, 2007

Days: Saturdays Tap, Jazz, & Ballet

Cost: \$35.00 / 4 months

Classes are offered at various times in two rooms by dance instructors from 9:15 am – 1:45pm

Registration is through the instructor. Returning students have first priority. Session runs for four months starting in September. Specific questions regarding this program should be directed to the Dance Instructor on site. **Dance Dept. Info: 619 - 525 - 8258**

Kids Nite Out

This is a great opportunity for kids to have a fun night out! Fun! Games! Crafts! Maybe even a movie **G / PG**. Snack and drink provided. Please register **minimum one week** before the event. Minimum signups required. Please have exact change or a check. Made out to RBRC. Limit to 25 children

Day: Friday

Time: 5:00 – 9:00pm

Ages: 6 – 12 years

Cost: \$15.00 per child

Dates: 2nd FRIDAY of each month

Sept. 14, Oct. 12, Nov. 9 & Dec. 14th

DODGEBALL

If you ask any kid what their favorite game is they will say Dodgeball! The Staff at our Rec Center are giving kids the opportunity to play Dodgeball for 2 hours one day a week! We will play games such as One Life, Brave Heart, Spud, Poison, and the classic game Dodgeball! It is free and anyone can come and join the fun!

When: Every WED

Where: RB Gym

Time: 3-5

Price: Free

Age: 6-13



FUNDAMENTALS OF BASKETBALL

Improve your skills in Basketball. Class works on the rules of the game shooting, dribbling, rebounding, passing, and ball work. This class is recommended for children planning on entering the league. No experience needed.

JR. SPORTS

This program is designed to improve coordination strength, motor skills. PEE WEE SPORTS does not require any experience and most important, your child will have lots of fun.

www.MASTERYOURSPTS.com

GOOD DOG TRAINING SCHOOL

For more information, please call 858-748-7943

Introductory obedience class for puppies and adult dogs. No metal choke chains or punch collars allowed, we don't need them. Your dog learns to walk without pulling. Dogs must have updated shots. Please arrive twenty minutes early before class. Classes are held rain or shine.

Day: Thursdays

Time: 6:30 – 7:30 pm

Dates: Sept 13th-Oct 18th

Nov 1st-Dec 13th

Cost: \$90.00

Material \$20.00



Information Numbers

Rancho Bernardo Recreation Center 858-538-8129
18448 West Bernardo Drive San Diego, CA 92127
www.sandiego.gov

Good Dog Training School 858-748-7943
Master Sports 858-513-1315
www.masteryoursports.com

AFA Youth Programs 858-587-4727
www.AFAsports.com

Camp Science Safari 858-618-3368
www.campsciencesafari.com

RB Youth Soccer Association www.rbysa.com
Rancho Bernardo Pop Warner 760-736-2494
www.rbpw.org

RB Girls Softball 858-646-9635
www.RBGirlsSoftball.org

RB Community Service Center 858-538-8070
Rancho Bernardo Little League www.RBLL.org
Rancho Bernardo Tennis Center 858-487-9698
Rancho Bernardo Joslyn Senior Center 858-487-9324
Scripps Ranch Recreation Center 858-538-8085
Carmel Mtn. Ranch Recreation Center 858-538-8100
Rancho Bernardo Dog Park 858-538-8129
www.ranchobernardodogpark.com

NOTICE: AED [defibrillator] @ Recreation Center & Senior Center during operation hours

AFA Mighty Mites

Grades 1st & 2nd Coed
Girls Grades 3rd-9th

Sign-up Starting: Saturday, October 15, 2007
@ www.MASTERYOURSPORTS.com

Registration: \$95.00

Late Registration after skills assessment

No refunds after skills assessments

Games Begin January 7th, 2008-March 3, 2008
Monday Nights from 5pm-9pm

Mandatory Skills Assessment

On December 15th

******Volunteer Coaches are needed******

(No Team Requests)

For more info:

www.Masteryoursports.com

***Season is Sept.-Nov.**

Adult Activities

Adult Basketball Open

Gym Sept-Dec

Mondays: 12-1:30

Tuesdays: 12-1:30

Wednesday: 12-1:30

Thursday: 12-1:30

Fridays: 1-6

Saturdays: 9-2

Women's Volleyball

Tuesday Nights 5-9

Please Contact

Rb_volleyball@yahoo.com

RB Flag Football League



Games are played at the Rancho Bernardo Recreation Center and neighboring Recreation Centers*

\$108.00 includes jersey and awards

www.MASTERYourSPORTS.com

Upcoming

HALLOWEEN

Happening

Who: Lil' Ones – 6th Grade
What: Fun * Games * Food
When: **October 29, 2007**
Time: 4:30 – 7:30pm

@ The Rancho Bernardo Recreation Center
18448 West Bernardo Dr. Ph# 538 - 8129

Enjoy a “Boo”tiful Evening of activities:
Food *Hot Dogs, Nachos, Chili & More*
**Games *B-Ball Toss, Bounce Jump & More*
Arts & Crafts ** Prizes and More
No Admission charge
**Tickets for games and food are
4 / \$1.00 **

*Bring the whole family and have a
“Howling” Good Time!!*



4th Annual Dog Park Walk

Sunday, October 21st 2007
8:00-11:30am

www.ranchobernardodogpark.com

REMEMBER KEEP YOUR DOG ON
LEASH DURING YOUR CITY PARK
VISIT. IT'S THE LAW
Municipal Code 63.0102 (b)
Thank You for your kindness

HOLIDAY Extravaganza

9th Annual Holiday Extravaganza
**Join us on December 8th for this fun filled
event.**

**Pancake Breakfast, Dance performance
and special guest!**

Look For more info in Winter Program